

#### Do you have what it takes to be a Leader?

The Leader's Training Course will give you very special skills while simultaneously presenting you with a combination of mental and physical challenges. Challenges that are designed to bring out your leadership potential. It's full of adventure, excitement and it's fun. An added benefit is the opportunity it provides to meet other college students and establish some valuable and potentially lifelong relationships. In many ways, this course will raise your leadership stock in an amazingly short period of time – 28-days.

Whether it's business, politics or the military you'll need leadership skills and traits to be successful. Not only must you possess these skills and traits but you must be competent. Competence is the key, without it you'll lack the confidence to handle stressful, challenging, and tough situations.

The best leaders are problem solvers, decisionmakers, good communicators and the very best are physically fit -- capable of handling themselves in any environment under any condition.

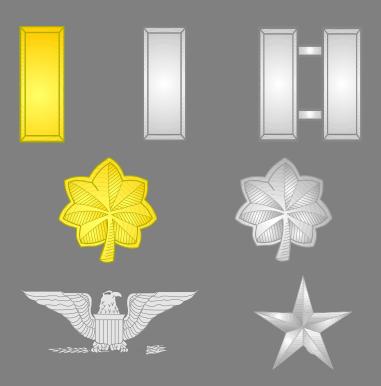
Real leaders aren't just mentally and physically capable, they value integrity, hard work and courage. They have real character and they demonstrate character in all that they do regardless of their chosen

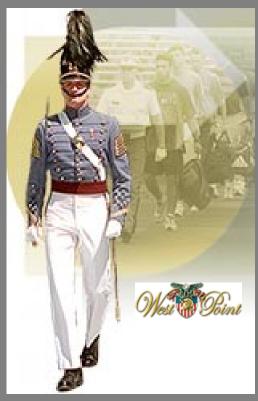


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#### Five ways to become an Army Officer

- Reserve Officers' Training Corps (ROTC)
   ROTC provides the bulk of the Army's second
   lieutenants. The majority of the officers in any Army
   unit are products of ROTC. The program provides
   military instruction to students at colleges and
   universities across the country. ROTC second
   lieutenants are critical decision-makers wherever the
   Army deploys. ROTC currently provides the majority of
   the Army's Officer Corps.
- United States Military Academy (USMA)
   USMA provides a 4-year academic and military
   curriculum that fully immerses cadets in the tradition,
   culture, and demands of the Army.
- Federal Officer Candidate School (OCS)

  The Federal OCS provides an intensive 3 ⅓₂-month fulltime military curriculum to exceptional enlisted soldiers
  who demonstrate the potential to serve as
  commissioned officers. Its purpose is threefold:
  provides a commissioning path to enlisted soldiers;
  produces officers quickly when mobilization
  requirements exceed USMA's and ROTC's capacity to
  produce; and provides the Army a short-term capability
  to fill gaps in expected production from USMA and
  ROTC.
- National Guard Officer Candidate School (NGOCS)
   NGOCS provides a 2-year curriculum that enables Army
   National Guard (ARNG) enlisted soldiers to earn a
   commission. Each state executes the program, which
   provides the bulk of new lieutenants to the ARNG
   annually.
- Direct Commissions, Lateral Transfers, Recall, and Activation
   Direct commissions, lateral transfers, recall, and activation sources provide the Army the flexibility to acquire the right officer for the right job at the right



#### ROTC, "The Beginning"

The National Defense Act of 1916 established ROTC. The purpose of the program: "securing reserve officers for the military forces of the United States." By autumn of 1916, 46 universities had ROTC programs. During World War I, training was suspended, but resumed during the interwar years, expanding to 220 institutions by 1940. ROTC was once again suspended during World War II, but provided the Army with 100,000 junior officers when mobilization started.

In 1948, the Selective Service Act and Distinguished Military Graduate (DMG) Program revitalized ROTC. The Selective Service Act encouraged students to enter ROTC and serve as officers. The DMG Program awarded Regular Army (RA) commissions to select graduates. Previously, ROTC graduates were assigned as reservists. These two developments reflected the prevailing opinion that ROTC was the most effective source for expanding the officer leadership of the active Army.

By the early 1960s, ROTC was producing 75 percent of the active duty lieutenants, and the DMG Program was producing twice as many RA officers as West Point. In 1964, the ROTC Revitalization Act established a scholarship program, increased the stipend, and created an abbreviated curriculum to allow students who did not enroll as freshmen to catch up.

The establishment of the all-volunteer force (AVF) was a boon for ROTC. In 1971, to encourage enrollment of officer volunteers, Congress expanded the scholarship program, increased the stipend, and authorized additional training opportunities for cadets in the summer—Airborne School, Cadet Troop Leader Training, and Ranger School. In 1973, ROTC established its region and brigade structure to provide oversight for campus programs.

The establishment of the US Army Cadet Command in 1986 transformed ROTC, into a centralized command which further increased ROTC's ability to produce lieutenants of high quality. These high-quality officers were a direct result of improving the command and control apparatus, intensifying standardized training, expanding and updating the scholarship program, and improving leadership assessment and development.

#### The ROTC Program of Today

In addition to providing the bulk of the Army's second lieutenants, ROTC provides corporate and government leadership to the nation. Countless ROTC graduates leave the Army and provide invaluable leadership in the corporate world and at all levels of government. Graduates include Wal-Mart founder Sam Walton, Secretary of State Colin Powell, Senator Strom Thurmond, and Lou Holtz, ROTC has given these



## Leader's Training Course Mission

## What we do!

Provide a "World Class" leadership development experience that qualifies and motivates college students to enter senior level ROTC and provides the baseline for ROTC's college leadership education platform and eventually commissioning as afficars in the IIS Army



## Course Objectives

- Develop leaders of character:
  - Imbued with the Army Values
    - Loyalty
    - Duty
    - Respect
    - Selfless Service
    - Honor

- Integrity
- Personal Courage
- Show initiative and take charge
- Prepared to be the best thinker and leader in any situation
- Aware of Individual strengths and weaknesses
- Aware of the importance of



## Course Objectives

(Continued)

- Capable of building an effective team
- Adaptable
- Confident
- Live by the fitness ethos
  - Physical, Mental, and Spiritual
- Possess the knowledge, skills and experiences to excel as a senior ROTC cadet and beyond
- Attain a measurable increase in leadership skills



#### Leadership Development Model

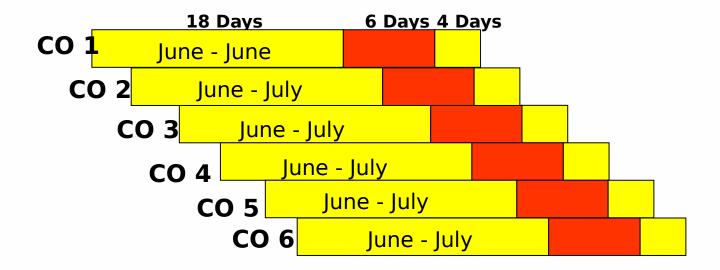
## Leader Development

Reflection **AAR** Counseling 360 degree Feedback **Peer Evaluation** Nightiy Discussion ge Self Confidence, Self Awareness, Respect, Integrity, Discipline, Loyalty, Survival, Fieldcraft, Teamwork, Distinguished Visitors

**Experience**Fitness, Rappelling, Land Navigation, Waterborne Weapons, Leadership Reaction Courses, Fieldcraft, Drill & Ceremony, Confidence/Obstacle Courses, High Ropes, and Climbing Initiatives



## 28-Day Course



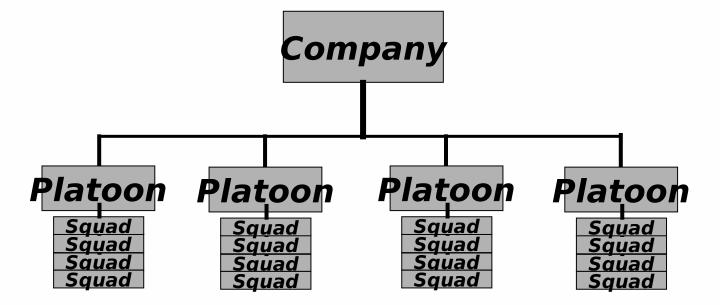
Future Leader Phase (18-days) - Students are challenged physically throughout this entire phase. This is where they learn when to lead and when and how to follow.

Bold Leader Phase (6-days) - Students are taught small unit tactics, highlighting the importance of teamwork and a balanced lifestyle of work and recreation.

<u>Discover Gold Phase</u> (4-days) -Students participate in entertaining



# Leader's Training Course Unit Organization



Company = 237 members or 4 platoons
Platoon = 59 members or 4 squads
Squad = 14 members or 2 teams
Team = 7 members

- One Major per company (12-20 years of experience)
- One Master Sergeant per company (14-30 years of experience)
- One Captain per two platoons (6-12 years of experience)
- One Second Lieutenant in each squad: primary coach and mentor (recent college graduate and newly commissioned officer)
- Two Drill Sergeants per platoon (6-20 years of



## Standard Duty Day

0500 Wakeup

0530-0630 Physical Training

0630-0830

Breakfast/hygiene/barracks

maintenance

0830-0900 Movement to training

area

0900-1230 Training

1230-1330 Lunch and movement

integrated

1330-1700 Training

1700-1730 Movement to barracks

1730-1900 Dinner

1900-2000 Reflection time

2000-2100 Cadet Troop Leading



#### 28-DAY TRAINING PLAN

#### Phase I - Future Lead@hase II- Bold Lead

0	Arrive, Reception 19 Rappel/Rock Climb
1	Inprocessing 20 Obstacle Course
2	·
_	Diagnostic Physical Fitness 22 Climbing Complex
<b>3</b> 44	165t, 30tial 23 Water Operations
3*	Rappening, Marching 24 Survival Training
	Torchlight Ceremon
<b>4</b> *	Troop Leading Procedures,
	Operations Orders, Tactical
	Development Course
<b>5</b> *	Field Leadership Reaction
	Course Phase III- Discover
6	Personal time
<b>7</b> *	Water Cumping Chrome
-	Cuasing Distinguished 25 Recovery, GI
	Visitor English
8*	Washang Training
9*	Washans Markemanshin
	Weapons Marksmanship Individual Tactics and
<b>TT</b>	Tue in its an analystic of Course Failing Time
10	Training, Infiltration Courses Graduation
	Leaders Tools, First Aid
13	Army Physical Fitness Test,
	US Weapons, Photo
	Personal Time
<b>15</b> *	Small Weapons Training,
	Map Reading
<b>16</b> *	Terrain Walk, Land Navigation
	Day/Night
<b>17</b>	Land Navigation Review, Test
	Field Training Exercise
	Brief, Preparation

\* Conduct Physical Fitness Training



## Qualifications to Attend

- 1. Be a US Citizen
- 2. Be between ages of 17 and 30 years old
- 3. Be enrolled in college full-time in pursuit of a baccalaureate or advanced degree and have at least 2 years remaining in school or be sponsored to attend camp by a military junior college (MJC)
- 4. Have a minimum GPA of 2.0 on a scale of 4.0\*
- 5. Meet military physical height, weight, and medical qualification standards
- 6. Have no civilian conviction (unless waiver is granted)
- 7. Have no more than three dependants



#### <u>Criteria used for determining</u> <u>scholarship candidates</u>

#### Qualities we look for in a Scholar

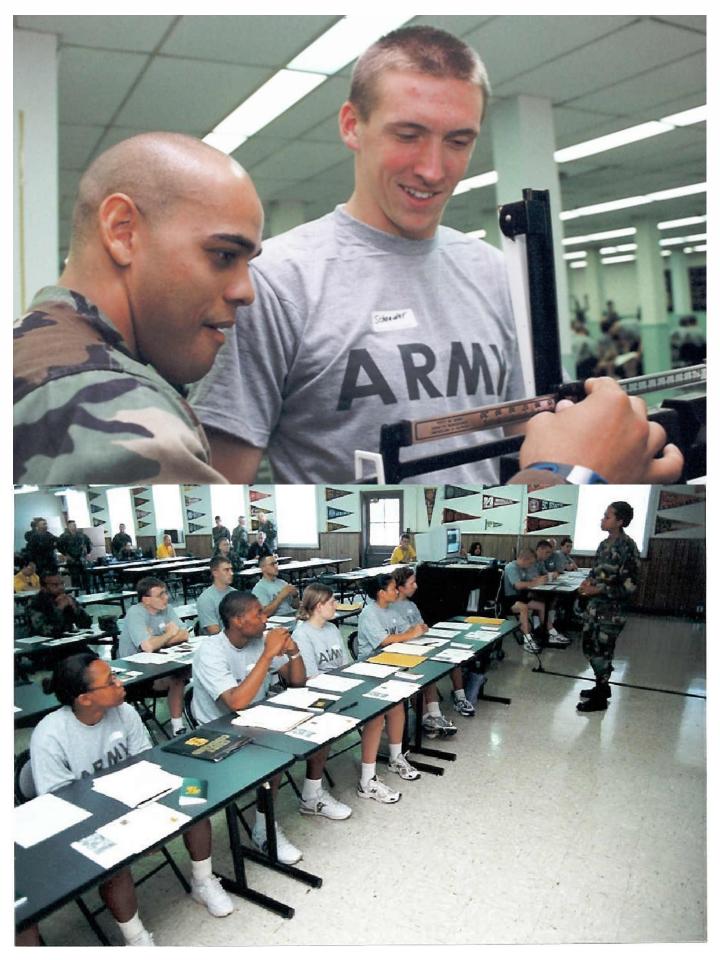
- Campus Academic Honors Designee
- •Cumulative GPA over 2.5 and SAT/ACT over 1100/21
  - Top third of class and either
    - Cumulative GPA over 3.0
    - and SAT/ACT score above 1100/21

#### Qualities we look for in a Athlete

- •Current member of college competitive or intramural team
- Current member of regional/city/competitive league
- Either active competitive involvement in organized team sports/unit sports team or active involvement in individual athletic competitions (triathlon, mountain biking, running, martial arts, etc)

#### Qualities we look for in a Leader

- Elected member of student government, class, or activity
- Captain of college athletic or academic team
  - Eagle Scout/Gold Star
- Owns/runs own business or in supervisory position
  - Serves in position of responsibility in



#### Prior to Arrival You Must:

- Complete an initial military physical exam. Although highly desirable, there is no requirement for all remedials to be completed prior to students reporting to LTC if they are medically qualified for training.
- Complete a Diagnostic Army Physical Fitness Test and passed to Initial Entry Test standards or 50 points per event; push-ups, sit-ups, and 2 mile run. Students failing to attain the Initial Entry Test fitness standards may still attend the Leader's Training Course provided their senior military instructor submit written justification to the Brigade Commander and obtain approval for these students to attend.
- Must be willing to commit to joining the university's Senior ROTC Program
- Have all waivers resolved (e.g., civil convictions, etc.) except medical remedials that do not render a student unfit for training.



## Benefits

- Increased Leadership Skills and Abilities:
  - Planning
  - Executing
  - Decision making
  - Time Management
  - Team building
  - People skills
- Knowledge of Army Values and Lifestyle
- Increased Physical Fitness
- Increased Self-confidence
- Internalization of Fitness Ethos
- Increased Self Awareness (Strengths & Weakness)
- Experience of a Lifetime
- Financial Benefits of the Senior ROTC Program:-
  - Stipend
    - MS III \$350 per month, for 10 months (Junior)
    - MS IV \$400 per month, for 10 months (Senior)
  - Opportunity to compete for a Scholarship
  - Book Fees
- IIn to \$740 00 for attending ITC



## <u>Additional Information</u>

You can find out more about the Leader's Training Course at www.armyrotc.com/leaderstrainingcourse

For detailed information

"Click On"

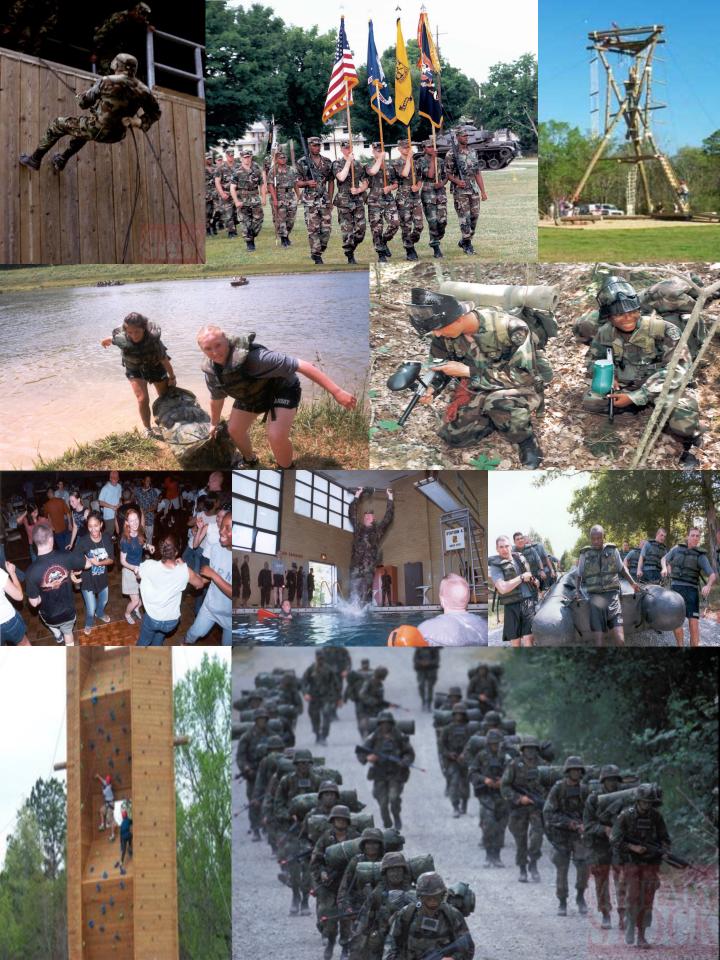
Cadet Information and review

The Passport to Gold

and

Cadet Handbook

For additional information about Army ROTC, contact your University Professor of Military Science



# What are YOU doing this summer?

Just hanging out or attending the

Greatest

'Leader's Training Course'

in the Country.



# MEET THE CHALLENGE

#### ATTEND THE GREATEST

## 'LEADER'S TRAINING COURSE'

IN THE COUNTRY